

Are you using physical activity or exercise to lose weight or keep from gaining weight?*
Kentucky BRFSS 2000

Geographic Groups	Total Respond.#	Yes			No		
		N	%	C.I.(95%)	N	%	C.I.(95%)
TOTAL	3839	1776	50.1	(47.9-52.4)	2063	49.9	(47.6-52.1)
ADDs							
Barren River	261	139	55.4	(48.5-62.2)	122	44.6	(37.8-51.5)
Big Sandy	205	92	43.1	(35.8-50.7)	113	56.9	(49.3-64.2)
Bluegrass	324	160	50.7	(44.6-56.7)	164	49.3	(43.3-55.4)
Buffalo Trace	201	69	33.4	(26.5-41.2)	132	66.6	(58.8-73.5)
Cumberland Valley	213	83	45.0	(37.1-53.1)	130	55.0	(46.9-62.9)
FIVCO	278	121	43.5	(35.2-52.1)	157	56.5	(47.9-64.8)
Gateway	254	110	44.8	(37.4-52.3)	144	55.2	(47.7-62.6)
Green River	230	106	46.4	(39.3-53.7)	124	53.6	(46.3-60.7)
Kentucky River	259	111	45.2	(38.1-52.5)	148	54.8	(47.5-61.9)
KIPDA	304	163	54.8	(48.3-61.1)	141	45.2	(38.9-51.7)
Lake Cumberland	233	94	42.0	(34.4-50.0)	139	58.0	(50.0-65.6)
Lincoln Trail	267	117	46.0	(39.3-52.7)	150	54.0	(47.3-60.7)
Northern Kentucky	262	138	51.4	(44.6-58.1)	124	48.6	(41.9-55.4)
Pennyrile	258	117	50.2	(43.3-57.1)	141	49.8	(42.9-56.7)
Purchase	290	156	57.0	(50.4-63.3)	134	43.0	(36.7-49.6)

*This question is asked only if the respondent reported trying to lose or maintain weight.

#Use caution in interpreting data for total respondents less than 50. N = Cell Size, NH = Non-Hispanic, % = Percentage, C.I.(95%) = Confidence Interval (at 95 percent probability level).

Percentages are weighted to population characteristics.

Unless stated differently above, Missing, 'Don't know', and Refused responses are excluded.